

I am a co-occurring therapist with a bachelor's degree in addiction studies and a master's degree in social work both from Eastern Washington University. I treat adults and adolescents and specialize in using a holistic approach to embracing client's strengths and providing a nurturing environment to awaken client's potential. I utilize trauma informed therapies, CBT, DBT, and other modalities. My focus is to arise hope in clients so they can embrace their full potential.